



Contact details:

P.O. Box 204, Chinchilla, Qld 4413

ABN 80 321 669 047

Email: chinchillagymnastics@outlook.com

Treasurer email: treasurer.chinchillagc@gmail.com

TERM 3 NEWSLETTER 2018

Workshop

Chinchilla Gymnastic Club has been buzzing with excitement last weekend as we welcomed Trevor Dowdell and Laureen Tkacik who are some of

A few selected gymnasts participated in this workshop which covered three different sessions MAG, WAG 1,2 and recreational as well as WAG 3 & 4 skills.

Competitions

The Chinchilla Gymnastics Club has competed in various competitions in Warwick, Toowoomba and Dalby and although our gymnasts don't

Great Results at the Dalby Winter Competition – Congratulations to all who competed!

Queensland most experienced as well as dedicated coaches. Wandoan Gymnastics Club was also there, together with our Club's coaches to learn some new skills and drills to help our gymnasts received better results. As coaches, we also need to update our points every year to keep our coaching accreditation. Laureen and Trevor also present regularly at Congress which is held annually in Brisbane over three days.

We learned new ways to warm up and new skills and drills to keep developing our gymnasts in handsprings, casts, pommel work etc. It was also a great opportunity to watch our gymnasts and how they are improving every year.



We have some very talented gymnasts who work hard to achieve great results.

always receive medals and ribbons they do work hard to compete with other clubs who train many more hours than our gymnasts. Our latest competition in Dalby saw the best results due to having an under 5 hours novice section. Last month, the Chinchilla Gymnastics Club had great success at the Dalby Winter Gymnastics Competition, where we had a record group of dedicated WAG & MAG gymnasts compete against other clubs in the district. The results in the competition saw Kirsty Savage, Grace Wilson, Zaylee Mead and Isabelle Graham achieve gold medal in WAG 1.





All our gymnast achieved a silver medal in WAG 2. In WAG 3 novice under 10 years of age, Rylan Johnson received 1st place overall, Shayla McGrath 3rd place overall and Clarice Wright receive 5th overall. In WAG 3 novice open Tyla Koekemoer received 3rd overall and Roree Winkel received an overall 5th placing.



In WAG 4 novice Natalie Stevenson received 3rd overall, Baylee horrocks 4th and Cassi West received 5th overall. In MAG 1 Riley Boreham received 1st overall, Ethan Honnery 2nd, Darcy Foulds-Patterson 5th and Luke Kelly 6th overall. In MAG 2 Patterson Frame received 3rd overall.



End of Year events- Inhouse comp and Gymfun/skills display

The end of year is fast approaching again. This year, we are holding our annual inhouse competition a little earlier as we know the end of year is always busy. It's set for the 10th of November, so mark your diaries. Further information will follow early next term so we can get times etc out to you. Our FreeG gymnasts will have their competition early on the 1st of December followed by our recreational gymnast's display.

After this we will all be heading to the pool at 3:30 for further presentations and some water fun.

Kindergym

We still have spaces available for our kindergym program which is enjoyed by many of our preschool children. Spaces are

available on Monday and Thursday. Please contact us for more information. Our coaches have also been teaching gymnastics at the Chinchilla Early Learning Centre on Wednesday which has been enjoyable for all involved. Our Open gym 'Come and Play' sessions have been popular on Friday with over 100 children attending this year. We will endeavour to keep this happening next year if this continues to be popular.

FreeG

Kerin's Free G classes are very popular. What is Free G? Free G fuses traditional gymnastics and acrobatic tricks, with kicks and leaps made famous through martial arts. FreeG gets your body moving in ways never thought possible. It will get your heart racing and develop a heightened sense of spatial awareness that can be put to good use in a variety of other sports.

Don't take our word for it, 'release your freedom' today.



TERM 3 & 4 FEES & Uniforms



Invoices for **Term 3 are now long overdue** and term 4 fees will be due before the fifth of October to receive the \$10 discount. Please ensure that your uniforms are also paid for before the start of term 4.

Our Club prefers direct debit as it's safer but if unable you may pay in cash.

1-Please Direct Crediting your fees into our bank account:

Name of Account:

❖ Chinchilla Gymnastics Club Inc.

Bank: Westpac
BSB: 034-171
Account # 17-7455

If using the EFT option, please include the gymnast's full name as a reference.

2. Cash in envelope and given to coach.

If you are not continuing, you must email us as soon as possible on :
chinchillagymnastics@outlook.com. We have people on the waiting list that would love to have a spot for next term.

IMPORTANT SAFETY INFORMATION

The warmer weather is fast approaching so please ensure your gymnast has water with them. We do have water available for purchase but sometimes we do run out. We may give your child a bottle of water if they don't have one but please put money in jar on top of fridge (gold coin donation). Last month our jar went missing so please keep an eye out as we expect honesty from everyone that attends our gym.

Please ensure that your gymnast is not wearing any jewellery, studs earrings only are allowed. Please ensure rings, necklaces and bracelets are taken off before class. The club is not responsible for lost property

It is also **EXTREMELY IMPORTANT** that you **DO NOT** leave your child at the gym until a coach is present. Coaches cannot be held responsible for your child's safety until they are present at the Gym. Also ensure that your gymnast is picked up on time as our coaches have other responsibilities outside of gymnastics and may not be able to wait for parents who are late.

Smoking

Our gym is a strictly non-smoking environment including within 10 metres of our building.

Uniforms

As we are into Term 3, all training gymnasts' (excluding Kindergym & FreeG) should now be wearing a uniform to training sessions as stated in your Information Booklet.

"For the Safety of Gymnasts, coaches, Club Uniforms are Compulsory"

If you need to purchase a training leo/uniform, please contact: **Pam Bannerman on 0427 007 419**

Vehicle Entry & Exit to the Gym

It is requested that when arriving for Gym that you enter via the right-hand side of the centre & exit via the left. This saves traffic congestion when people are arriving & leaving, & is also much safer for those who may be walking in & out.

Please be aware that there are always young children coming & going, so please be mindful of speed as well.

Outside Distractions at Gym

I'm sure everyone has noticed that there are dogs living across from the Gym Club that often wonder over to say hello. As friendly & lovable as they may be, **it is strongly requested that you do not encourage this behaviour by calling, patting or playing with them.**

It can be distressing for some small children & those who are not dog lovers to have them bouncing around & sometimes knocking the smaller children over. It is also not acceptable **(for safety reasons)** to have them in the gym.

Jodie Manual Farewell

The Chinchilla Gymnastics Club will be farewelling another coach at the end of the year as Jodie and family are moving to Brisbane. Jodie has been invaluable part of our club for the past 5 years as a parent, coach & mentor. She has been coaching Kindergym, recreational as well as our WAG 3 & 4 girls. We appreciate everything you do and have done for our club and wish you and your family all the best for the future.

Welcome new coaches

This year we have welcomed to our coaches Chloe Ford, Caitlyn Manuel and Robyn Austin and next term Baylee Horrocks. Chloe & Caitlyn have been assisting with the recreational gymnasts and Robyn with the MAG boys. Thank you so much for your time and effort.

Raffles @ the Club Hotel

A big thank you to families who have donated prizes for raffles at the Club Hotel as well as Louise Keating who has been there to sell raffle tickets.

UPCOMING DATES TO REMEMBER!



Please check the following dates and mark them on your calendar:

22 Sept:

- ❖ End of term 3

7 Oct

- ❖ Term 4 fees due for \$10 discount

9 Oct

- ❖ Start of term 4

15 Oct

- ❖ **General Meeting @ Gym 7:30**

19 Oct

TERM 4 FEES DUE

24 Oct

- ❖ **CHINCHILLA IN-HOUSE COMP NOMINATIONS DUE – more info to come**

26 Oct

- ❖ **All outstanding fees due**

10 Nov

- ❖ In-house Comp

12 Nov

- ❖ General Meeting

1 Dec

- ❖ Free G comp
- ❖ Gymfun/skills showcase
- ❖ Pool Break up party
- More info to come

Please check the noticeboard for any further updates throughout the Term.

CLUB INFORMATION



Please see below for additional Club Information:

PRESIDENT – Audrey McGrath
0477 689 668

○ **VICE PRESIDENT – Kerin Wroe -**
0459130885

○ **TREASURER – Jenny Redgwell**
treasurer.chinchillagc@gmail.com

○ **SECRETARY – Rebecca Graham**
- 0413 629 967

○ **COACHING REPRESENTATIVE –**
Noel Deacon – 07 46627594

○ **UNIFORM REPRESENTATIVE –**
Pam Bannerman 0427 007 419

NEXT COMMITTEE MEETING:

Monthly Committee Meeting

- ❖ Monday 15th October, 2018
- ❖ 7.30pm
- ❖ @ Chinchilla Gymnastics Club

We would love to see you there.

CHINCHILLA GYMNASTIC CLUB
is proudly supported by



Building & Grants

Our club seems to be going ahead by leaps and bounds the past few years due to our dedicated coaches and committee. A special mention to Kerin Wroe who has been very proactive in keeping our gym safe and also keeping the enrolments up to date and many other tasks she undertakes. With over 250 families involved this year it has been no easy task for our treasurer Jenny redgwell either. Our fees are very low as we are all volunteers and can therefore keep it affordable for all our families.

The Club has applied for two grants recently to purchase more equipment including kinder gym soft play and landing mats, mini-tramp and other. This will allow us to do more skills and drills for our gymnasts and of course more fun.

Our biggest goal at this stage is to increase our gym size so we have more space available. We'll be looking into options to make this happen. If anyone has suggestions on how we can achieve this please get in contact with us. We also need a building that is either airconditioned or better airflow so we don't have the need to cancel classes due to heat this summer.

Coaches

The Chinchilla Gymnastic Club is always looking for new coaches. Experience is not essential as training will be provided by the club.

If you are interested in any coaching assignments-in any discipline, please contact the President:

Audrey McGrath 0477 689 668 –
chinchillagymnastics@outlook.com

We would love to hear from you.

Disciplines Offered:

- Kinder gym
- Recreational Gymnastics
- FreeG
- MAG/WAG